

# Koshland Pharm

Custom Compounding Pharmacy

Personalized Medicine. Uncompromising Standards.

## Top Formulas Catalog

Vol. 4, 2024



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Affordable shipping available throughout California

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[www.koshlandpharm.com/doctors](http://www.koshlandpharm.com/doctors)



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The formulas in this catalog are commonly prescribed formulas,  
but this is just to spur your imagination.

All formulas can be adjusted for dosage strengths, dosage forms,  
and combination of ingredients.

We have over 22,000 formulas in our database, and can always  
create new ones to meet a patient's specific need. This catalog  
is to get you thinking about what's possible.

Call (415) 344-0600 or email ([pharmacists@koshlandpharm.com](mailto:pharmacists@koshlandpharm.com)) our  
pharmacists to discuss any patient or formula in more depth.  
You can count on us for clinical expertise, exceptional product quality,  
and personalized care for your patients.

Thank you! – Peter Koshland, PharmD



## When It Comes To Your Patients' Health, We Don't Make Compromises



Peter Koshland, PharmD

AT KOSHLAND PHARM, OUR MISSION IS CLEAR:

**Produce the absolute best patient outcomes.**

How a pharmacy makes its compounded prescriptions matters.

Not all compounding pharmacies are the same.



## Three Differences Create The Most Success

### CLINICAL EXPERTISE

- Educate doctors and pharmacists in compounding as an Assistant Clinical Professor of Pharmacy at UCSF and as a speaker at conferences, grand rounds presentations, and individual doctor meetings.
- Conduct bi-monthly online prescriber webinars addressing commonly asked questions about compounded therapies.

### EXCEPTIONAL PRODUCT QUALITY

- State-of-the-art facility.
- Rigorously sourced raw materials.
- QA protocols that go above and beyond CA State Board of Pharmacy and PCAB requirements, such as sending out 10% of daily volume of medications each month for potency testing.

### PERSONALIZED PATIENT EXPERIENCE

- An essential part of your care team – increasing patients' understanding of their health and their medicine.
- "Koshland is a humanizing experience in an age of dehumanization. I don't feel like a number. I don't feel like they are trying to get me off the phone or out the door. I feel like it is actually healthcare."

– patient A.L., 2019



Please visit [www.koshlandpharm.com](http://www.koshlandpharm.com) to watch our prescriber webinars and to take our virtual tour. We look forward to serving as a compounding resource for you and your patients.

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# Colorectal

## Anal Fissures

- Nifedipine/Lidocaine 0.3%/4% Ointment
- Nitroglycerin 0.2% Ointment

## Hemorrhoids

- Hydrocortisone/Lidocaine 2%/2% Ointment  
Option to add:
  - Pramoxine 1% (for itch)
- Hydrocortisone/Lidocaine 1%/2% Rectal Rocket

## Rectal Pain/Levator Ani Syndrome (LAS)

- Baclofen/Gabapentin 2%/6% Cream  
Option to add:
  - Ketamine 10%
  - Diazepam 0.5%
  - Tetracaine 1%
- Baclofen/Diazepam 10mg/10mg Suppositories

## Ulcerative Colitis

- Butyrate 100mmol/L Enemas
- Low-dose Naltrexone (0.5mg-4.5mg) Capsules
- Mesalamine 500mg Suppositories

## Dental

### Angular Chelitis/Chelosis

- Clotrimazole/Ibuprofen/Tea Tree Oil 2%/2%/5% Cream

### Aphthous Ulcer

- Betamethasone Dipropionate/Lidocaine 0.05%/2% Oral Adhesive Paste

### Burning Mouth Syndrome

- Salicylic Acid 0.3% Mouthwash

### Candidiasis

- Amphotericin 100mg Troches
- Nystatin 100,000 unit/ml Sugar-free Suspension

### Lichen Planus

- Clobetasol Propionate/Tretinoin 0.05%/0.1% Oral Adhesive Paste or Mouth Rinse or Troche

### Orofacial Pain

- Carbamazepine/Ketoprofen/Lidocaine 6%/10%/5% Gel

### TMJ

- Cyclobenzaprine/Ketoprofen 2%/10% Transdermal Gel

### Topical Anesthetics

- Lidocaine/Prilocaine/Tetracaine 10%/10%/4% Dental Gel

### Xerostomia

- Pilocarpine 5mg Troche or Sugar-free Lollipop

# Dermatological

## Acne

- Azelaic Acid/Niacinamide/Spiro lactone/Zinc 10%/5%/1%/5% Cream

## Actinic Keratosis

- Fluorouracil/Calcipotriene 5%/0.005% Cream

## Alopecia

- Minoxidil/Finasteride 5%/0.1% Scalp Solution
  - Option to add:
    - Dutasteride 0.0125%
    - Latanoprost 0.00025%
    - Tretinoin 0.01%

## Atopic Dermatitis

- Tacrolimus in Cetaphil 0.1% Lotion

## Autoimmune Conditions

- Low-dose Naltrexone (0.5-4.5mg) Capsules

## Hidradenitis Suppurativa

- Clindamycin/Glycolic Acid/Pentoxifylline/Rifampin 1%/3%/5%/2% Cream

## Hyperpigmentation

- Hydroquinone/Tretinoin/Fluocinolone Acetonide 5%/0.05%/0.01% Cream
  - Options:
    - Replace Fluocinolone with Hydrocortisone 1%
    - Add Kojic Acid 5%

## Nail Disorders

- Amphotericin in DMSO 2mg/ml Anti-Fungal Nail Polish
- Fluconazole/Ibuprofen/Tea Tree Oil 1%/2%/3% in DMSO Anti-fungal Nail Polish
- Urea in Petrolatum 45% Ointment



### **Neuropathic Pain**

- Amitriptyline/Ketamine/Lidocaine 1%/2%/5% Cream

### **Numbing Creams**

- Benzocaine/Lidocaine/Tetracaine 20%/6%/4% Cream

### **Porokeratosis/CHILD Syndrome**

- Cholesterol/Lovastatin 2%/2% in Vanicream or Petrolatum

### **Pruritus**

- Hydrocortisone/Pramoxine 2.5%/1% Cream
- Naltrexone 1% cream

### **Rosacea**

- Azelaic Acid/Metronidazole 15%/1% Cream
- Ivermectin/Niacinamide 1%/4% Cream
- Option:
  - Add Metronidazole 1%

### **Scars**

- Atrophic
  - Tretinoin/Aloe Vera/Sodium Hyaluronate 0.025%/0.5%/0.5% in Pracasil-Plus
- Hypertonic
  - Betamethasone/Diphenhydramine 0.1%/1% in Pracasil-Plus
- Keloid
  - Tamoxifen/Lipoic Acid 0.1%/0.5% in Pracasil-Plus

### **Warts**

- 5-FU/Salicylic Acid 2%/17% Topical Solution
- Cimetidine/Salicylic Acid 5%/28% Ointment
- Squaric Acid in Dibutyl Ester 0.4% Solution

## Ear, Nose & Throat/Sinus

### Ménière's Disease

- Betahistine 16mg Capsules

### Intranasal Anesthetic

- Tetracaine HCL 3% Gel

### Nasal sprays

- Estradiol 50mg/100ml Nasal Spray
- Mupirocin/EDTA/Gentamicin 0.2%/1%/3% Nasal Spray

### Sinus nebulization

- Nasoneb® nebulizer

### Basic Empiric Formulation

- Gentamicin/Amphotericin B/Budesonide 20mg/10mg/0.5mg (for Nasoneb® nebulizer)

### Medication options for nebulization – in capsule with Loxasperse/Xylifos

- **Anti-bacterial**
  - Azithromycin 50mg
  - Clindamycin 50mg
  - Gentamicin 20mg
  - Levofloxacin 50mg
  - Mupirocin 5mg
  - Tobramycin 20mg
  - Vancomycin 50mg
- **Anti-fungal**
  - Amphotericin B 10mg
  - Fluconazole 15mg
  - Itraconazole 50mg
- **Anti-inflammatory**
  - Budesonide 0.5mg
  - Mometasone Furoate 0.5mg
- **Mucolytic**
  - Acetylcysteine 50mg
  - Edetate Disodium 15mg

### Throat preparations

- Magic Mouthwash (Diphenhydramine/Lidocaine/Maalox/Nystatin/Sucralfate)

## Hormones & Thyroid

### Hormones for Women

#### Estrogen

- Bi-Est (80/20 Estriol/Estradiol) 1.25mg/0.5gm Topical Cream or Vaginal “Mini-Insert” Suppositories
  - Estradiol 0.1mg/gm Topical Cream
  - Estradiol 0.25mg Troches
  - Estriol 1mg/gm Vaginal Cream or Vaginal “Mini-Insert” Suppositories
- Option to add:
- DHEA 5mg

#### Progesterone

- Progesterone SR 50mg Capsules
- Progesterone 25mg/gm Topical Cream or Vaginal “Mini-Insert” Suppositories

#### Testosterone

- Testosterone 1mg Capsules
- Testosterone 1mg/gm Topical Cream or Vaginal “Mini-Insert” Suppositories

#### Other Hormones for Women

- Oxytocin 12 units/0.1ml Nasal Spray
- DHEA 25mg Capsules
- DHEA SR 5mg Capsules
- DHEA/Pregnenolone 40mg/40mg/gm Cream
- Hydrocortisone SR 5mg Capsules

## Hormones for Men

### Progesterone

- Progesterone SR 25mg Capsules

### Testosterone

- Testosterone 50mg/gm in Atrevis Gel
- Testosterone/Chrysin 50mg/50mg/gm in Atrevis Gel
- Testosterone Cypionate in Ethyl Oleate 200mg/ml Subcutaneous Injection

### Other

- Anastrozole 0.1mg Capsules
- Clomiphene 25mg Capsules
- Enclomiphene 12.5mg Capsules
- Finasteride 0.25mg Capsules

## Thyroid

### Hashimoto's

- Low-dose Naltrexone (0.5-4.5mg) Capsules

### Hypothyroidism

- Liothyronine (T3) SR 5mcg Capsules
- Levothyroxine (T4) 20mcg Capsules
- Liothyronine/Levothyroxine (T3/T4) SR 12.5mcg/50mcg Capsules
- Porcine Thyroid 60mg Capsules (when on FDA Drug Shortage List)

## **Mast Cell Activation Syndrome (MCAS)**

\*Many dosage strengths below are commercially available. However, we can compound capsules with alternative fillers and without dyes for sensitive patients.

### **Antihistamines**

- Chlorpheniramine 4mg Capsules
- Clemastine Fumarate 5.36mg Capsules
- Diphenhydramine 25mg Capsules
- Doxylamine Succinate 10mg Capsules
- Fexofenadine 60mg Capsules
- Hydroxyzine 25mg Capsules
- Levocetirizine 2.5mg Capsules
- Loratadine 5mg Capsules

### **H2 Blockers**

- Cimetidine 200mg Capsules
- Famotidine 20mg Capsules

### **Mast Cell Stabilizers**

- Ketotifen 1mg Capsules
- Cromolyn Sodium 100mg Capsules

### **Leukotriene**

- Montelukast 5mg Capsules

### **Other**

- Doxepin 10mg Capsules
- Low-dose Naltrexone (0.5-4.5mg) Capsules
- Rapamycin 6mg Capsules

# Naturopathic

## Antioxidant Support

- Glutathione 200mg/ml Nasal Spray
- Glutathione 200mg/gm Transdermal Cream
- Glutathione 250mg Suppositories

## Chelation

- DMSA 100mg Capsules
- DMSA 500mg Capsules

## Chronic Fatigue

- Methylene Blue 25mg Capsules

## Cognitive Support

- Methylene Blue 25mg Capsules
- Synapsin® 10% Nasal Spray

## Dermatological Creams

- Azelaic Acid/Nata-Pres/Niacinamide/Zinc 10%/5%/4%/0.1% Acne Cream
- Estriol 0.3% Revitalizing Facial Cream
- Pyridoxine/Cyanocobalamin/Vitamin D 5%/0.07%/2000IU/gm Eczema Cream

## Hormones & Thyroid (see pg. 10-11)

## Migraines

- Oxytocin/Magnesium 15 units/2mg/0.1ml Nasal Spray

## Vaginal Treatments

- **Bacterial Vaginosis/Candidiasis**
  - Boric Acid 600mg Suppositories
  - Boric Acid/ETDA 600mg/50mg Suppositories
  - Boric Acid 600mg (with Acidophilus) Suppositories
  
- **Vaginal Dryness**
  - Estriol 1mg/gm Vaginal Cream or Vaginal “Mini-Insert” Suppositories
    - Option to add:
      - DHEA 5mg
  - Hyaluronic Acid/Vitamin A/Vitamin E 5mg/1mg/1mg Suppositories
    - Option to add:
      - Estriol 1mg
  - Vitamin A/Vitamin E 100IU/100IU Suppositories

# Pain Management

## Anal Fissures

- Nifedipine/Lidocaine 0.3%/4% Ointment
- Nitroglycerin 0.2% Ointment

## Arthritis Pain/Inflammation

- Diclofenac 2% Cream
  - Option to add:
    - Lidocaine 2%
    - Baclofen 2%
    - Other
- Ketoprofen 10% Cream

## Autoimmune Conditions

- Low-dose Naltrexone (0.5-4.5mg) Capsules
- Quinacrine 100mg Capsules

## Muscle Spasms

- Cyclobenzaprine/Guaifenesin 2%/15% Cream
  - Option to add:
    - Baclofen 2%
    - Magnesium Chloride (MgCl) 10%
- Magnesium Chloride (MgCl) 20% Cream

## Neuropathic Pain

- Gabapentin/Ketoprofen/Lidocaine 6%/10%/5% Cream
  - Option to add:
    - Amitriptyline 2%
    - Baclofen 2%
    - Clonidine 0.2%
    - Ketamine 10%
- Shingles Formula: Amitriptyline/Gabapentin/Lidocaine 2%/6%/5% Cream
  - Option to add:
    - Ketamine 10 %



### **Pelvic Floor Pain**

- Amitriptyline/Baclofen 2%/2% Cream
  - Option to add:
    - Ketamine 5%
- Baclofen/Diazepam 10mg/10mg Suppositories
  - Option to add:
    - Ketamine 10mg
- Magnesium Chloride 20% Transdermal Cream

### **Wound Care**

- Misoprostol/Phenytoin 0.0024%/2% Gel or Polyox Bandage

## Pet Medications

### Kosh-Clear Thermoreversible Otic Gel

- Enrofloxacin/Ketoconazole/Triamcinolone 2%/2%/0.25%
- \*Can substitute antibiotics, anti-fungals, and steroids as needed

### Polyox Bandage Wound Powder

- Mupirocin/Diphenhydramine/Lidocaine 2%/1%/1%
- Metronidazole 20%

### Dosage Forms\*\*

- Animal Chew
- Otic Drops
- Solution/Suspension
- Transdermal Ear Gel

### Flavor Options

- Apple
- Beef
- Chicken
- Fish
- Liver
- Tuna

\*\*We can compound customized medications with different active pharmaceutical ingredients for animals. Please contact our pharmacists with any questions.

## **Pregnancy/Post-Partum/Pediatric**

### **Pregnancy**

- Ondansetron 4mg/gm Transdermal Cream
- Progesterone 50mg Suppositories
- Thyroid Treatments (see pg. 23)

### **Post-Partum**

#### **General**

- All-Purpose Nipple Ointment (Jack Newman's Formula)
- Arginine 10% in Lipoderm Cream
- Nifedipine 0.2% Ointment
- Oxytocin 4 units/0.1ml Nasal Spray

#### **Vaginal/Urogenital**

- Boric Acid 600mg Suppositories
- Clindamycin/Clotrimazole 22.7mg/100mg Suppositories

### **Pediatric**

#### **Acne**

- Azelaic Acid/Nata-Pres/Niacinamide/Zinc 10%/5%/4%/0.1% Cream

#### **Autism**

- Glutathione 20% Cream
- Oxytocin 12 units/0.1ml Nasal Spray

#### **Chronic Otitis Media**

- Xylitol 2gm Lollipops
- Xylitol 40% Suspension

#### **Diaper Rash**

- Cholestyramine 5% Ointment

**Eczema/Psoriasis**

- Pyridoxine 5% Cream
- Pyridoxine/Cyanocobalamin/Vitamin D 5%/0.07%/2000iU/gm Cream

**Fever**

- Ibuprofen 50mg Suppositories

**GERD**

- Omeprazole 2mg/ml Suspension
- Lansoprazole 3mg/ml Suspension

**Lice**

- Benzyl Alcohol/Tea Tree Oil/Lavender Oil 5%/10%/1% Scalp Solution

**Warts**

- Cimetidine/Salicylic Acid 10%/10% Ointment

## Psychiatric/Neurologic

### Ketamine-Assisted Therapy

- Ketamine 100mg Troches or RDT (Rapid Dissolve Tablets)
- Ketamine 15mg/0.1ml Nasal Spray

### Tapering Medications

- Clonazepam 0.1mg Capsules
- Lorazepam 0.05mg Capsules
- Paroxetine 1mg Capsules
- Venlafaxine SR 10mg Capsules

### Other

- Oxytocin 10 units/0.1ml Nasal Spray
- Low-dose Naltrexone (0.5-4.5mg) Capsules
- Topical Pain Cream (see Pain Management pg. 16-17)
- 4-Aminopyridine 5mg Capsules
- Clemastine Fumarate 2mg Capsules
- Synapsin® 10% Nasal Spray

# Sexual Health

## Female

### Sexual Dysfunction

- Aminophylline/Arginine 3%/6% Scream Cream
  - Option to add:
    - Isosorbide Dinitrate 0.25%
    - Oxytocin 40IU/gm
    - Sildenafil 2%
    - Testosterone 0.1%
- Oxytocin 12 units/0.1ml Nasal Spray
- Testosterone 1mg/0.5gm Cream

### Vaginal Atrophy

- Estriol (E3) 1mg/gm Vaginal Cream or “Mini-Insert” Suppositories
  - Option to add:
    - DHEA 5mg
- Hyaluronic Acid/Vitamin A/Vitamin E 5mg/1mg/1mg Vaginal “Mini-Insert” Suppositories
  - Option to add:
    - Estriol 1mg

### Vulvodynia

- Amitriptyline/Gabapentin 2%/6% Vaginal Cream
  - Option to add:
    - Ketamine 10%

## Male

### Erectile Dysfunction

- **Injectables**
  - Bi-Mix (Papaverine/Phentolamine) 30mg/0.5mg/ml
  - Bi-Mix (Papaverine/Phentolamine) 30mg/1mg/ml
  - Bi-Mix (Papaverine/Phentolamine) 30mg/2mg/ml
  - Tri-Mix (Alprostadil/Papaverine/Phentolamine) 10mcg/12mg/1mg/ml
  - Tri-Mix (Alprostadil/Papaverine/Phentolamine) 10mcg/30mg/1mg/ml
  - Tri-Mix (Alprostadil/Papaverine/Phentolamine) 20mcg/30mg/1mg/ml
  - Tri-Mix (Alprostadil/Papaverine/Phentolamine) 20mcg/30mg/2mg/ml
  - Tri-Mix (Alprostadil/Papaverine/Phentolamine) 40mcg/30mg/2mg/ml
  
- **Sublingual Therapies**
  - Sildenafil 20mg Troche or RDT (Rapid Dissolve Tablet)
  - Tadalafil 2.5mg Troche or RDT (Rapid Dissolve Tablet)
  
- **Testosterone**
  - Testosterone 50mg/gm in Atrevis Gel
  - Testosterone/Chrysin 50mg/50mg/gm in Atrevis Gel
  - Testosterone Cypionate in Ethyl Oleate 200mg/ml Subcutaneous Injection
  
- **Other**
  - Clomiphene 25mg Capsules
  - Enclomiphene 12.5mg Capsules

## **Weight Loss**

### **Semaglutide**

- Semaglutide 3mg/ml Sublingual Drops (SubMagna Suspension Base)

### **Phentermine/Naltrexone/Chromium**

- Phentermine/Naltrexone/Chromium 8mg/1mg/200mcg Capsules



## Additional Information

### Dosage Forms

- Capsules
- Cream (Topical or Transdermal)
- Enema
- Gel (Topical or Transdermal)
- Lollipop
- Nasal Spray
- Ointment
- Otic Drops
- Rapid Dissolve Tablets (RDT)
- Rectal Rocket Suppository
- Solution
- Sterile Injection
- Sublingual Drops (SubMagna Base)
- Suppository
- Suspension
- Troche
- Vaginal “Mini-Insert” Suppository

### Capsule Fillers

- Acidophilus
- Ascorbic Acid
- Dextrose
- Ginger Root
- Lactose
- Loxasperse/Xylifos (for nasal nebulization)
- Microcrystalline Cellulose
- Sodium Bicarbonate

### Topical Bases

- Aquaphor
- Atrevis Hydrogel
- EctoSeal
- Ellage Vaginal Gel
- Emollient Cream
- Lipoderm Transdermal Cream
- Perme8 Gel
- Petrolatum
- PracaSil-Plus (for scars)
- Shea Butter Brulee
- Vanishing Cream
- Versabase Cream
- WO6 Gel
- Xematop

### Flavor Options

- Apple
- Bubblegum
- Cherry
- Chocolate
- Chocolate Mint
- Grape
- Lemon
- Marshmallow
- Orange
- Peppermint
- Raspberry
- Spearmint
- Tangerine
- Tutti Frutti

## Commonly Used Devices & Packaging



**MD Pump**  
1 pump = 0.5ml



**Topi-Click**  
1 click = 0.25ml



**MD Pen**  
1 click = 0.1ml



**"Mini-Insert"  
Suppositories**



**Bottle for Sublingual Drops  
w/ Adapta-Cap & Oral Syringe**



**Nail Polish**



**Rapid Dissolve  
Tablets (RDT's)**



**NasoNeb Nebulizer**



**Troches**

# Vitamins & Supplements

Our vitamin selection is vetted by our pharmacists to ensure each product meets the highest standards for quality production (GMP standards) and clinical effectiveness (evidence-based formulations). Full product information available at: [koshlandpharm.com/shop](http://koshlandpharm.com/shop).

## **Adrenal Support**

- Adrenal Support
- HPA Adapt

## **Allergy Relief**

- Allergy Relief
- Histamine Clear

## **Bone Health**

- Bone Strength
- Collagen Rebuild

## **Brain Health**

- Energy & Focus
- Cognitive Support
- Memory and Focus Support
- SAMe
- 5-HTP

## **Cardiovascular Support**

- CoQ10/Ubiquinol 200
- High Absorption Omega/High Absorption Omega HP

## **Cortisol Lowering Formulas**

- Cortisol Control

## **Detox**

- Detoxification Support

## **Digestive Support**

- Digestion Support
- Gastric Discomfort Support
- Gentle Laxative

## **Immune Support**

- Immune Support
- Viral Shield

### **Men's Health**

- Testosterone Support

### **Metabolism/Weight Loss**

- Metabolism Manager

### **Pain/Inflammation**

- Curcumin Complex

### **Probiotics**

- Essential Probiotic

### **Skin Health**

- Collagen Rebuild

### **Sleep Support**

- Rest and Recovery
- Sleep Support

### **Thyroid Support**

- Thyroid Gland Support
- Iodine 12.5

### **Vitamins/Minerals**

- Daily Wellness Pack
- Activated B-Complex
- Daily Multivitamin
- Iron Supplement
- Magnesium
- Methyl Folate
- Methylcobalamin (B12)
- Vitamin C Formula
- Vitamin D3 2000IU/ Vitamin D 5000IU/ Vitamin D3 Liquid

### **Women's Health**

- Estrogen Protect
- Hormone Support for Women
- Testosterone Support

# Prescriber Webinars, Template Rx Pads, & Other Resources

## Prescriber Webinars & Resources

### Semaglutide – Weight Loss & Beyond with presenter Nat Jones, RPh


Learn the science, mechanism of action and latest research of Semaglutide. Compare oral, injectable, and sublingual dosing. Nat will also discuss new research on semaglutide's use for other indications such as Parkinson's Disease.

Password: koshland2024

Watch Recording  
[Click Here](#)









View Slides  
[Click Here](#)

Top Formulas Prescription Pad  
[Click Here](#)








  

## FIND RESOURCES

#### Autoimmune Conditions

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Watch This Webinar<br>Dosing Guidelines for Low Dose Naltrexone | Functional Medicine Rx Pad  PowerPoint slides  | <input type="checkbox"/> Watch This Webinar<br>Expanding Approaches to Low-dose Naltrexone Therapy | Functional Medicine Rx Pad  PowerPoint Slides  |
| <input type="checkbox"/> Watch This Webinar<br>Long-Haul COVID                           | Functional Medicine Rx Pad  PowerPoint Slides  | <input type="checkbox"/> Watch This Webinar<br>Low-dose Naltrexone (LDN) Overview                  | Family Practice Rx Pad  PowerPoint Slides    |

#### Chronic Complex Conditions

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Watch This Webinar<br>Biofilm Pathology and Therapies                | Naturopathy Rx Pad  PowerPoint slides                 | <input type="checkbox"/> Watch This Webinar<br>Capsule Filler Options for Highly Sensitive Patients                | Prescription Pad for MCAS  PowerPoint Slides  |
| <input type="checkbox"/> Watch This Webinar<br>Marvelous Methylene Blue w/ Dr. Mischa Grieder | Chronic Complex Conditions Rx Pad  PowerPoint slides  | <input type="checkbox"/> Watch This Webinar<br>Q&A with Dr. Beta Chheda, MD – Mast Cell Activation Syndrome (MCAS) | Prescription Pad for MCAS    |

For further education on these therapies, please see our [Prescriber Webinar and Resource page](#) at:

<https://www.koshlandpharm.com/doctors/prescriber-webinar/> (Password available upon request.) Also available here are template prescription order forms with various common dosage strengths and common patient instructions included.

o o o

As a reminder, we can compound commercial drugs if they are on the FDA Drug Shortage list. To check if a commercial drug is on the list go to the [FDA website](https://www.accessdata.fda.gov/scripts/drugshortages/default.cfm) (<https://www.accessdata.fda.gov/scripts/drugshortages/default.cfm>)

## How To Order A Prescription

Our pharmacists are available via phone, fax, and email for consults, answer questions and be a resource for you and your patients.

- **E-prescribe** through your EMR
- **Complete Secure Web Rx Order Form** (password upon request):  
<https://www.koshlandpharm.com/doctors/secure-rx-order-form/>
- **Fax:** (415) 344-0607
  - You may use our Koshland Rx Order Form to send in your fax.
  - You may request a customized Rx Order Form with the formulations you most often prescribe and with your contact information included at the bottom of the form.
- **Call:** (415) 344-0600, option “2”
- **Email:** [pharmacists@koshlandpharm.com](mailto:pharmacists@koshlandpharm.com)

**Please note:** All controlled prescriptions (e.g., testosterone, ketamine) must be sent through your EMR, called in by phone, or brought to the pharmacy on a printed prescription pad.

[www.koshlandpharm.com/doctors](http://www.koshlandpharm.com/doctors)







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