

# <u>Semaglutide</u>

#### Uses

• This medication is used for chronic weight management as well as certain inflammatory conditions.

#### **Storage Directions**

• Store this medication at room temperature in a cool, dry place.

#### Do Not Use This Medication If

- A personal or family history of medullary thyroid carcinoma (MTC) or multiple endocrine neoplasia syndrome type 2 (MEN 2).
- Pregnant or planning to become pregnant.
- Breastfeeding or planning to breastfeed.
- Hypersensitivity or allergy to any component of this formulation.

## Before Using Semaglutide, Notify Your Doctor If

- History of pancreas or kidney problems.
- History of vision problems related to diabetes.
- Taking other medications, vitamins or herbal supplements as this drug may affect the way some medications work.

#### **Possible Side Effects**

- Constipation, diarrhea, stomach pain, vomiting
- Headache
- Dizziness, weakness
- Nose or throat irritation
- Runny nose
- Bloating, burping, gas, heartburn

#### Serious But Rare Side Effects (contact doctor if these occur)

- Neck mass
- Difficulty breathing
- Trouble swallowing
- Hoarseness that will not go away
- Unable to pass urine, blood in urine
- Sudden weight gain
- Severe dizziness or passing out
- Fast heartbeat
- Change in vision
- Abdominal pain
- Yellowing of skin or eyes

- Low blood sugar: dizziness, headache, weakness, shaking, confusion, hunger, sweating
- Pancreas problems: severe stomach pain, severe back pain, severe upset stomach, or vomiting
- Allergic reaction: hives, rash, trouble breathing, blistered or peeling skin
- Mood changes like depression or thoughts of suicide

#### Warnings

• Do not take this medication or increase the dose of this medication if you have not had a bowel movement for more than 3 days.

#### **Directions for Use**

- 1. Brush teeth, floss, rinse mouth with warm water before using drug
- 2. Shake bottle for 20-30 seconds.
- 3. Draw out the prescribed amount of suspension into an oral syringe.
- 4. Depress syringe plunger to drop the suspension under the tongue.
- 5. Swish and hold the suspension under the tongue and around the cheeks for at least 90 seconds.
- 6. Swallow the remaining suspension.
- 7. Do not eat or drink for 60 minutes if possible

# How to Use Adapter Lid with Oral Syringe

- 1. Replace black lid with blue adapter lid on the top of the glass bottle
- 2. Remove center of adapter lid
- 3. Place the oral syringe in middle hole
- 4. Turn the bottle upside-down while holding syringe (the adapter creates a seal with the syringe, so no liquid should spill out)
- 5. Draw out the desired amount of suspension into the oral syringe (most syringes are marked with a black line to indicate the amount)
- 6. Turn the bottle right-side up
- 7. Remove the syringe and close the cap in middle of adapter lid
- 8. The bottle can be stored with the blue adapter lid attached, however, if traveling, replace the blue adapter lit with the black lid that came with the bottle as the blue adapter lids tend to crack when jostled

For a video demonstration, go to <u>www.koshlandpharm.com/adapter</u>

## Note

• This medication is titrated from a low dose to a higher therapeutic dose to ensure safety and tolerability. Appetite suppression may not be seen at the lowest doses in the titration.

If you notice other side effects that you think are caused by this medicine, notify your doctor. You may report side effects to FDA at 1-800-FDA-1088