

Koshland Pharm

Custom Compounding Pharmacy

Personal medicine. Uncompromising standards.

SUBLINGUAL SEMAGLUTIDE PROTOCOL

- **Initial dispensing**
 - Strength: **3mg/ml**
 - 15ml bottle = 12-week supply
 - Sig:
 - 0.15ml 3 times a week x 2 weeks
 - 0.3ml 3 times a week x 2 weeks
 - 0.5ml 3 times a week x 8 weeks
- **Ongoing dispensing**
 - Strength: **3mg/ml**
 - 18ml bottle = 12-week supply
 - Sig: 0.5ml 3 times a week
 - *If not achieving desired weight loss, may increase frequency up to daily dosing*
 - *If transitioning from injection (at the full dose), daily dosing recommended, pharmacists available for consultation on individual patient cases*

Key patient counseling points

- Brush teeth, floss, rinse mouth with warm water before administering
- Shake the bottle for 20-30 seconds.
- Swish and hold the suspension under tongue and around cheeks for at least 90 seconds.
- Hold dose if no bowel movement in last 3 days
- See full patient advisory leaflet at <https://www.koshlandpharm.com/pa/>

Questions? Reach us at info@koshlandpharm.com or 415-344-0600

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WHY PRESCRIBE COMPOUNDED SUBLINGUAL SEMAGLUTIDE?

- Some patients prefer sublingual delivery to injections.
- In 2024, a novel suspension base (Submagna™ Suspension) was developed to effectively deliver large molecule drugs, such as semaglutide, under the tongue.

Permeation studies with Submagna HMW show efficient delivery of semaglutide through mucosal tissue.

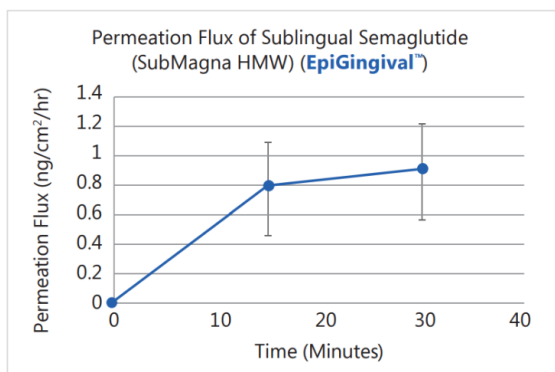


Image 5. Permeation flux of the sublingual semaglutide compounded formulation over time for 30 minutes.

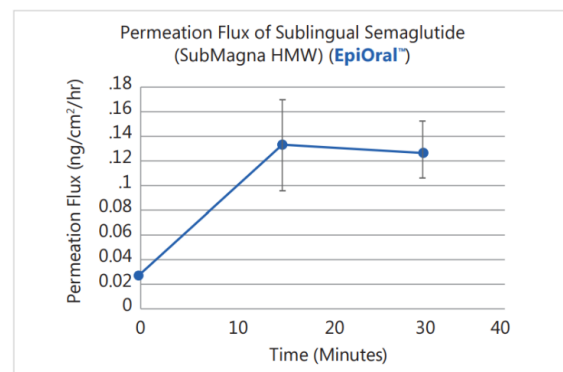


Image 6. Permeation flux of the sublingual semaglutide compounded formulation over time for 30 minutes.

See the full absorption study at <https://www.koshlandpharm.com/wp-content/uploads/2024/02/SubMagna-Technical-Report.pdf>

- Koshland Pharm uses only the highest quality ingredients in its formulations. We use commercially available Rybelsus® tablets as the active pharmaceutical ingredient, specially mixed with Submagna™ Suspension, in our sublingual semaglutide formulation.

WILL COMPOUNDED SUBLINGUAL SEMAGLUTIDE EVENTUALLY BECOME UNAVAILABLE?

- We anticipate that our compounded sublingual semaglutide will be available on-going. The ingredients in this formula are readily available. In addition, there are no commercially manufactured sublingual semaglutide products, so our ability to compound it is not contingent upon the FDA drug shortage list.

WHERE CAN I GO FOR FURTHER CLINICAL INFORMATION?

- www.koshlandpharm.com/doctors/prescriber-webinar

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How A Doctor May Order A Compounded Prescription

Our pharmacists are available via phone, fax, and email for consults, questions, and to be a clinical resource for you and your patients.

- **E-prescribe** through your EMR
- **Complete Secure Web Rx Order Form** (password upon request):
<https://www.koshlandpharm.com/doctors/secure-rx-order-form/>
- **Fax:** (415) 344-0607
Template and customized Rx order forms available upon request
- **Call:** (415) 344-0600, option “2”
- **Email:** pharmacists@koshlandpharm.com

Please note: All controlled prescriptions (e.g., testosterone, ketamine) must be sent through your EMR, called in by phone, or brought to the pharmacy on a printed prescription pad.

www.koshlandpharm.com/doctors

